



Subject Specialist Vocabulary-Health



Health

The general condition of the body or mind.

Development

The process or result of growing, maturing, increasing or improving.

Suffix: ment - result of an action

Root Word: develop

Well-being

The state of being healthy, comfortable, happy etc.

Root Word: well

Individuality

The quality of being individual, having characteristics which are different from others.

Suffix: al - to do with; ity - quality, state of
Root Word: individual

Value

Worth, importance, usefulness.

Physical

Relating to the body.

Suffix: al - to do with

Intellectual

Having a highly-developed ability to think logically and understand things.

Suffix: al - to do with

Emotional

To do with emotion, feelings; showing or inspiring emotion.

Suffix: al - to do with

Root Word: emotion

Social

To do with society; needing companions; to do with leisure activities for groups.

Suffix: al - to do with

Life-Span

The term **lifespan development** refers to age-related changes that occur from birth, throughout a persons' **life**, into and during old age.



Challenge Vocabulary-Health



Factors

Circumstances which may affect a person's behaviour, choices, health or ability to function.

Influence

Something that has the power to affect, persuade or shape someone or something.

Prefix: in - in, into, on

Suffix: ence - action; quality

Psychological factor

Thoughts, feelings or mental characteristics which may affect a person's behaviour, choices, health or ability to function.

Prefix: psych - mind

Economic factors

Circumstances to do with money which may affect a person's behaviour, choices, health or ability to function.

Root Word: economy

Environment

The surroundings or conditions in which a person, animal or plant lives; the natural world.

Prefix: en - in, on

Gross motor skills

Controlled muscle movements resulting in larger activities using whole limbs or the whole body, such as crawling, walking, running etc.

Root Word: motor - movement

Role models

Older or more experienced people to observe, copy and learn from.

Genetic inheritance

The passing-on of characteristics from parents to children through their genes.

Suffix: ic - to do with, like

Root Word: gene; inherit

Expected/unexpected life event

An experience which will change an individual's life, which is planned or normally happens/ not planned or unusual.

Self-concept

The idea or mental image one has of oneself and one's strengths, weaknesses, status.